



VALHALLA, NY

NEW

## 4-Day Hudson Valley Tour

**135-mile**, fully-supported, inn-to-inn bike tour on the **Empire Trail** in New York State

Discover the Hudson Valley National Heritage Area as you ride 135 miles (avg. 34/day) from Kingston to Scarsdale. Our route is 97% gravel/paved trail. You'll experience majestic historical landmarks along the southern route of the Empire State Trail and follow the very rivers, trails, and rails that helped shape the United States.

Visit [PoconoBiking.com](http://PoconoBiking.com) for full tour details!

## Word of Mouth is our Specialty

"We used one other bike touring company before Pocono Biking, which was a big company with trips all over the world. Your small family business outdid them in every possible way."

Becky B. (Apex, North Carolina)

"The D&L is as good as the best trail rides in Europe"

Frank M. (The Netherlands)

"The trip itself was beautiful with none of the legs being too long or difficult. Each of the overnight accommodations were excellent. The entire trip was well thought out."

Chuck S. (Harrisburg, Pennsylvania)



We're pretty good with *bikes*, too!

If you're looking for a **comfort bike**, **gravel bike**, or an **e-bike**, we have one to suit your riding style! These are available on all trips, from the single-day trips to the 6-day inn-to-inn tour!



**TREK Verve 1**  
COMFORT BIKE



**Jamis Renegade**  
GRAVEL BIKE



**TREK Verve+ 2**  
E-BIKE



## WELCOME TO OUR BACKYARD

JIM THORPE, PA



## SINGLE-DAY TRIPS TO MULTIDAY INN-TO-INN TOURS

At Pocono Biking, we specialize in rail trails. Our trips are carefully designed to prioritize crushed gravel & paved rail trails through historic trail towns & beautiful natural woodlands. Grab your riding buddies, check your tires, and join us on the trail!

Book your next adventure today!

Call us at 570-325-8430 or visit [PoconoBiking.com](http://PoconoBiking.com) for more details.

## EXPLORE AMERICA'S COOLEST TRAIL TOWNS

EVERY **TRAIL TOWN** HAS ITS OWN  
UNIQUE SCENERY & ARCHITECTURE

JIM THORPE, PA

BETHLEHEM, PA

NEW HOPE, PA

PITTSFORD, NY

SENECA FALLS, NY

NEW PALTZ, NY

SCARSDALE, NY

MANY MORE!



POCONO BIKING

OFFICE ADDRESS - 1519 STATE ROUTE 903, JIM THORPE, PA 18229



LOCKPORT, NY

## NEW INN-TO-INN BIKE TOUR

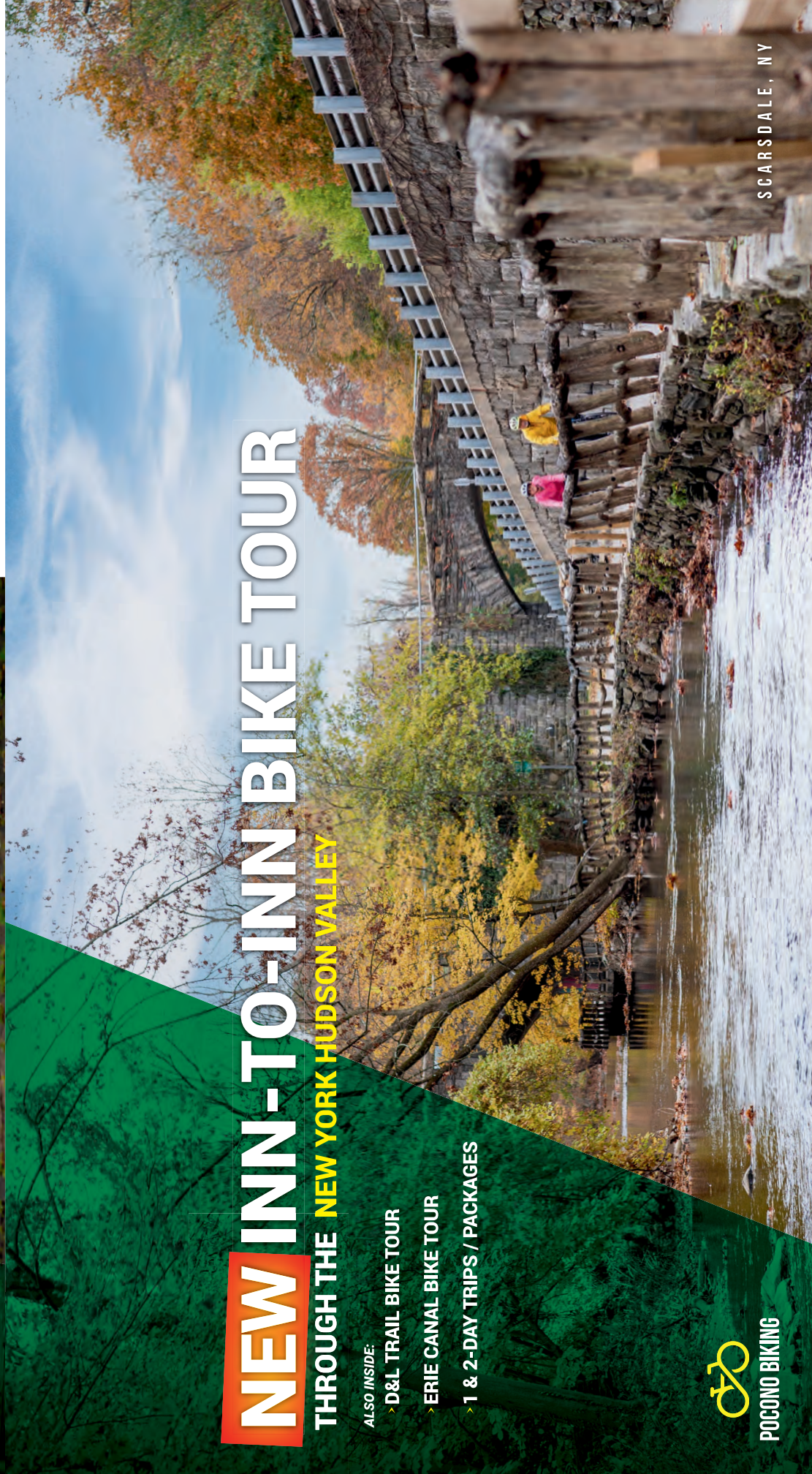
THROUGH THE **NEW YORK HUDSON VALLEY**

ALSO INSIDE:

D&L TRAIL BIKE TOUR

ERIE CANAL BIKE TOUR

1 & 2-DAY TRIPS / PACKAGES



POCONO BIKING

SCARSDALE, NY



Erie Canalway Trail, NY

and trail towns along the historic & modern Erie canals

Buffalo

Lockport

Medina

Brockport

Rochester

Pittsford

Palmyra

Clyde

Seneca Falls

Weedsport

Syracuse

Fayetteville

Rome

FLIGHT OF FIVE LOCKS

MEDINA FALLS

GUILLOTINE LOCKS

BIRTHPLACE OF THE LATTER DAY SAINT MOVEMENT

IT'S A WONDERFUL LIFE BRIDGE

NINE MILE AQUEDUCT

CHITTENANGO BOAT MUSEUM

6-Day Erie Canal Tour

194-mile, fully-supported, inn-to-inn bike tour on the **Erie Canalway Trail** in New York State

Experience the famous **Erie Canal** by bike! Complete 194 miles on crushed gravel & paved bike trail. Ride from Buffalo to Rome as we follow the route of the historic canal and take advantage of the new \$200 million Empire State Trail investment.

Highlights:

• Bike an average of 39 miles/day

• Enjoy **5 nights & 6 days** in New York's most culturally significant trail towns

• Ride past 1800's era guillotine locks, Lockport's *Flight of Five*, towering aqueducts, and restored locktender ruins

• Experience the **newly completed** 14 mile, \$36 million Syracuse trail extension

• Explore the **Erie Canalway National Heritage Corridor** as you ride from Buffalo to Rome

2024 Dates:

May  
19<sup>th</sup>-24<sup>th</sup>

June  
2<sup>nd</sup>-7<sup>th</sup>  
16<sup>th</sup>-21<sup>st</sup>

July  
14<sup>th</sup>-19<sup>th</sup>

September  
8<sup>th</sup>-13<sup>th</sup>  
22<sup>nd</sup>-27<sup>th</sup>

Private trips may be available for groups of 8 or more

Rates:

With your own bike: \$1719/person  
Bike rental (optional): \$199/person  
E-Bike rental (optional): \$399/person

Prices based on double occupancy  
Single supplement price available for those traveling by themselves

More Info / Complete Itinerary:

PoconoBiking.com  
570-325-8430

D&L Trail, PA and trail towns along the Delaware & Lehigh rivers

Glen Summit

White Haven

Rockport

Lehighton

Slatington

Cementon

Allentown

Bethlehem

Easton

Riegelsville

Bull's Island, NJ

Washington Crossing

MANSION HOUSE BRIDGE

LEHIGH GAP NATURE CENTER

APPALACHIAN TRAIL

STEELSTACKS

CEMENT KILNS

WASHINGTON CROSSING

Lehigh Gorge State Park

Pocono Biking Shop

Pocono Biking Shop

Delaware Canal State Park

1-Day Self-Guided Trips (10-36 miles)

2-Day Overnight Self-Guided Package (57 miles)

4-Day, Fully-Supported, Inn-to-Inn Tour (140 miles)

POCONO BIKING

4-Day D&L Trail Tour

140-mile, fully-supported, inn-to-inn bike tour on the **D&L Trail** in Pennsylvania & New Jersey

On our **Jim Thorpe to Washington Crossing Tour**, you'll ride 140 miles on the D&L Trail, through 90 miles of State Park, across railroad trestles, past waterfalls, and through quaint trail towns as you immerse yourself in the history of the industrial revolution.

Highlights:

• Bike an average of 35 miles/day in the Delaware & Lehigh National Heritage Corridor, a Smithsonian Affiliate

• Enjoy **3 nights in Pennsylvania's award-winning trail towns**. Ride past the mountains of Jim Thorpe to the cobblestone streets of Bethlehem, and past the revolution-era architecture of New Hope

• Bike through **57,600 acres** of the **Lehigh Gorge & Delaware Canal State Parks**, interrupted only by historic trail towns

• Explore some of the oldest history in the USA as you **follow the route of anthracite coal** from mine to market

2024 Dates:

May  
13<sup>th</sup>-16<sup>th</sup>

June  
3<sup>rd</sup>-6<sup>th</sup>  
10<sup>th</sup>-13<sup>th</sup>  
17<sup>th</sup>-20<sup>th</sup>  
24<sup>th</sup>-27<sup>th</sup>

September  
9<sup>th</sup>-12<sup>th</sup>  
16<sup>th</sup>-19<sup>th</sup>  
30<sup>th</sup>-Oct. 3<sup>rd</sup>

October  
14<sup>th</sup>-17<sup>th</sup>

Private trips are available on alternate dates for groups of 8 or more

Rates:

With your own bike: \$1069/person  
Bike rental (optional): \$119/person  
E-Bike rental (optional): \$239/person

Prices based on double occupancy  
Single supplement price available for those traveling by themselves

More Info / Complete Itinerary:

PoconoBiking.com  
570-325-8430



2-Day D&L Trail Self-Guided Package

Two days on the D&L Trail & Two nights in Jim Thorpe

Take a mini vacation and spend two nights in the heart of downtown Jim Thorpe while experiencing 57 miles of riding on the D&L Trail.

Highlights:

• Two nights at the Inn at Jim Thorpe

• Two hot breakfasts

• Bike through the Lehigh Gorge State Park

• Bike through historic canals & trail towns

2024 Dates:\*

May  
4<sup>th</sup>-5<sup>th</sup>

June  
1<sup>st</sup>-2<sup>nd</sup>, 29<sup>th</sup>-30<sup>th</sup>

July  
11<sup>th</sup>-12<sup>th</sup>

Aug  
8<sup>th</sup>-9<sup>th</sup>

Sep  
14<sup>th</sup>-15<sup>th</sup>

Oct  
10<sup>th</sup>-11<sup>th</sup>

Nov  
2<sup>nd</sup>-3<sup>rd</sup>

\*Biking days. Lodging begins night prior

Rates:

Midweek discount: \$275/person  
Weekend: \$355/person  
Bike rental: \$48/person  
E-Bike rental: \$160/person

Prices based on double occupancy & use of own bike  
Single supplement price available  
Bike & E-bike rentals available  
570-325-8430 | PoconoBiking.com

1-Day D&L Trail Self-Guided Trips

Hourly or full day rentals & shuttles

Choose one of the **shuttle options** below, or ride hourly from one of our shops! All rides listed below are on the *D&L Trail*, a smooth, crushed gravel rail trail.

Full Lehigh Gorge | 25 miles

White Haven to Jim Thorpe

Our **most popular single-day ride** includes waterfalls, river vistas, and historic locks along the Lehigh River. You'll ride along the slight downhill grade of an abandoned railroad bed through the Lehigh Gorge State Park. 3-5 hours

Upper or Lower Lehigh Gorge | 10 or 15 miles

White Haven to Rockport or Rockport to Jim Thorpe

Two different sections of the *Full Lehigh Gorge*. You can try either one for a fun, low-commitment half-day ride. 1-3 hours

The Full Monty | 36 miles

Glen Summit to Jim Thorpe

Perfect for the avid rail trail cyclist/enthusiast, this is the Full Lehigh Gorge ride with an additional 11 miles of beaver ponds, lakes, and woods. 4-6 hours

NEW Black Diamond | 11 miles

Glen Summit to White Haven

**Named after coal, not trail difficulty. This is one of our easiest rides!** This is the uppermost section of *The Full Monty* complete with lakes, beaver dams, and beautiful Pennsylvania wilderness. 1-2 Hours

1-Day Rates ➤

	Hourly Rental	Full Day Rental + Shuttle
Rental	\$12. <sup>99</sup>	\$32. <sup>99</sup>
Shuttle Only	-	\$48. <sup>99</sup>
E-Bike Rental	\$35. <sup>99</sup>	\$79. <sup>99</sup>

Rentals & shuttles available daily May through October; limited rest of year. For full hours, rates, shuttle schedules, and packages visit our website or call us! 570-325-8430 | PoconoBiking.com

JIM THORPE, PA