

III Food

--- D&L Trail

Shuttle / Direction

Shop / Trail Access O Trail Access

★ Points of Interest ➤ Bridge

P Parking

■ Bathrooms

Lodging

➡ Picnic Tables

Bicycle Repair Station

TRAIL ETIQUETTE

Give audible warning when passing pedestrians & cyclists

Use garbage cans or take trash with you

Ride on the right, pass on the left

When others are approaching, travel single file on the right

Give any cyclists in front of you plenty of room

Move to the side of trail when stopping

Yield to pedestrians

Paved Road / Crossing ⁰⁰¹ Mile Markers 🖈 Hiking Trails

OUR LOCATIONS



WHITE HAVEN 🖈

Rentals | Shuttles | Gear 501 Main Street, White Haven, PA 18661

Hours

Open daily July - Labor Day Limited hours/days during the rest of year.



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Glen Summit P MILE 140

JIM THORPE 🖈

Rentals | Shuttles | Gift Shop | Gear 7 Hazard Square, Jim Thorpe, PA 18229

> Open year-round / Open daily May - October Limited hours/days during the rest of year.

Hours

First rate place with great service. We've used the shuttle service a couple of times. Can't say enough about the great service and reasonable rates.

White Haven

Full Lehigh Gorge

MOST

Lehigh Gorge State Park

25 Miles | 3-5 Hours

1. Check in at Jim Thorpe 🙀 or White Haven 🖈

If checking in at Jim Thorpe...
2. Shuttle to White Haven 3. Bike back to Jim Thorpe

SHUTTLE **DEPARTURE** TIMES:

Weekends & Holidays

May through October / 10:00am & 11:00am April & November / 10:00am & 12:00pm

Midweek (M-F) May through October / 10:00am & 12:00pm November (Wed. & Fri. only) / 10:00am

If checking in at White Haven... 2. Bike to Jim Thorpe 3. Shuttle back to White Haven

RETURN SHUTTLE **DEPARTURE** TIMES:

Weekends & Holidays May through October / 4:30pm M-Th July through Labor Day / 4:30pm Friday June through October / 4:30pm

Lower Lehigh Gorge

15 Miles | 2-3 Hours

1. Check in at Jim Thorpe

2. Shuttle to Rockport

3. Bike back to Jim Thorpe SHUTTLE **DEPARTURE** TIMES:

Weekends & Holidays

May through October / 12:00^{pm} & 1:00^{pm} April & November / 10:00am & 12:00pm

Midweek (M-F)

May through October / 10:00^{am} & 12:00^{pm} November (Wed. & Fri. only) / 10:00am



Jim Thorpe

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Upper Lehigh Gorge

Lehighton
|| Lehighton
|| Lehighton
|| Lehighton

10 Miles I 1-2 Hours

1. Check in at White Haven

2. Bike to Rockport

3. Shuttle back to White Haven RETURN SHUTTLE **DEPARTURE** TIMES:

Weekends & Holidays

May through October / 2:00^{pm} & 4:00^{pm}

The Full Monty 36 Miles | 4-6 Hours

Slate **Heritage** Trail

Blue Mountain Ridge & The Appalachian Trail

1. Check in at Jim Thorpe

2. Shuttle to Glen Summit

3. Bike back to Jim Thorpe

SHUTTLE **DEPARTURE** TIMES:

Weekends & Holidays

May through October / 9:30am

Black Diamond

If you're looking for a quick getaway from NY/NJ, look no further! The staff at Pocono Biking was extremely

helpful, and the biking trail is very scenic

MILE 83

Named after coal, not the difficulty!

11 Miles | 1-2 Hours

1. Check in at White Haven 2. Shuttle to Glen Summit

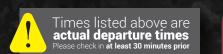
3. Bike back to White Haven

SHUTTLE **DEPARTURE** TIMES:

Weekends & Holidays

May through October / 11:00am

BOOK NOW PoconoBiking.com | 570-325-8430





The shuttles listed above take you to different trailheads of the D&L Trail, the centerpiece of the Delaware & Lehigh National Heritage Corridor. The D&L Trail, when complete vill **extend over 165 miles** from Wilkes Barre in Northeast Pennsylvania to Bristol, PA, near Philadelphia!

Visit PoconoBiking.com or call 570-325-8430 for the most current schedule.