

D&L TRAIL & SHUTTLE MAP

PoconoBiking.com | 570-325-8430

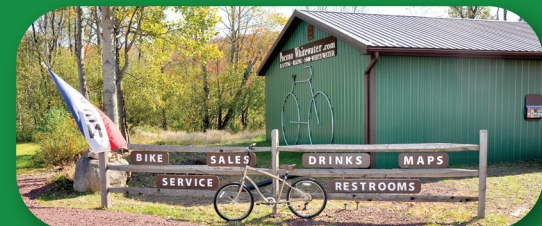
LEGEND

D&L Trail	Shuttle / Direction
Lehigh River	Paved Road / Crossing
Shop / Trail Access	Trail Access
Points of Interest	Bridge
Parking	Mile Markers
Bathrooms	Food
Lodging	Hiking Trails
Picnic Tables	Bicycle Repair Station

TRAIL ETIQUETTE

- Give audible warning when passing pedestrians & cyclists
- Use garbage cans or take trash with you
- Ride on the right, pass on the left
- When others are approaching, travel single file on the right
- Give any cyclists in front of you plenty of room
- Move to the side of trail when stopping
- Yield to pedestrians

OUR LOCATIONS



WHITE HAVEN ★
Rentals | Shuttles | Gear
501 Main Street, White Haven, PA 18661



JIM THORPE ★
Rentals | Shuttles | Gift Shop | Gear
7 Hazard Square, Jim Thorpe, PA 18229



D&L TRAIL & SHUTTLE MAP

Full Lehigh Gorge
25 Miles | 3-5 Hours

1. Check in at **Jim Thorpe** ★ or **White Haven** ★

If checking in at Jim Thorpe...
2. Shuttle to White Haven 3. Bike back to Jim Thorpe

SHUTTLE DEPARTURE TIMES:
Weekends & Holidays
May through October / 10:00am & 11:00am
April & November / 10:00am & 12:00pm
Midweek (M-F)
May through October / 10:00am & 12:00pm
November (Wed. & Fri. only) / 10:00am

If checking in at White Haven...
2. Bike to Jim Thorpe 3. Shuttle back to White Haven

RETURN SHUTTLE DEPARTURE TIMES:
Weekends & Holidays May through October / 4:30pm
M-Th July through Labor Day / 4:30pm
Friday June through October / 4:30pm

Lower Lehigh Gorge
15 Miles | 2-3 Hours

1. Check in at **Jim Thorpe** ★

2. Shuttle to Rockport

3. Bike back to Jim Thorpe

SHUTTLE DEPARTURE TIMES:
Weekends & Holidays
May through October / 12:00pm & 1:00pm
April & November / 10:00am & 12:00pm
Midweek (M-F)
May through October / 10:00am & 12:00pm
November (Wed. & Fri. only) / 10:00am

Upper Lehigh Gorge
10 Miles | 1-2 Hours

1. Check in at **White Haven** ★

2. Bike to Rockport

3. Shuttle back to White Haven

RETURN SHUTTLE DEPARTURE TIMES:
Weekends & Holidays
May through October / 2:00pm & 4:00pm

The Full Monty
36 Miles | 4-6 Hours

1. Check in at **Jim Thorpe** ★

2. Shuttle to Glen Summit

3. Bike back to Jim Thorpe

SHUTTLE DEPARTURE TIMES:
Weekends & Holidays
May through October / 9:30am

Black Diamond
Named after coal, not the difficulty!
11 Miles | 1-2 Hours

1. Check in at **White Haven** ★

2. Shuttle to Glen Summit

3. Bike back to White Haven

SHUTTLE DEPARTURE TIMES:
Weekends & Holidays
May through October / 11:00am

BOOK NOW
PoconoBiking.com | 570-325-8430

Times listed above are actual departure times
Please check in at least 30 minutes prior



The shuttles listed above take you to different trailheads of the D&L Trail, the centerpiece of the Delaware & Lehigh National Heritage Corridor. The D&L Trail, when complete, will extend over 165 miles from Wilkes Barre in Northeast Pennsylvania to Bristol, PA, near Philadelphia!